

THE COOKERY ROOM

Specialised food and nutrition education



Pizza making...



Growing tomatoes...



Courgette Cakes...



Where food comes from..

Teaching children and inspiring learning through engaging methods that show progress and outcomes.

We do this in a format to suit your school, your learners and your staff.

This could be an '**in school workshop**' working with a small group of learners; a **staff CPD** session that empowers your teachers to deliver an appropriate food and nutrition programme or; accessing a range of printable, high quality **teaching resources** specially designed to cover the core content of the food curriculum.

Whichever method suits you, **our aims** are the same...

Inform ...

children about good food choices by teaching them about the different food groups and how these food groups are used in our bodies.

Inspire...

children to try new foods and replace less healthy options with good nutritious alternatives.

Instruct...

children in the preparation of a range of snacks and meals which they can make themselves.

We're very 'British' and don't like to mention money but what we will say...

As a new business we're looking to grow our portfolio. With this in mind, we are offering some fantastic introductory packages. How exciting?! Being involved from the very start!

Contact us... we'll even bring the biscuits!

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www.thecookeryroom.wixsite.com/website